

PK KB LIM 26: Session: 1: COACH evaluation sheet for TEAM: LWB

Coachinfo: Warming up from: 08:30 untill 09:25. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M FREESTYLE MEN 11+

Heat:4, starttime: 09:40

Heat: 4/9 Lane : 7 Athlete: HURKMANS CÉDRIC

Q-time: 01:11:93

PB (25m pool): 01:11.93 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:11.79 SB: no time

	25 M	50 M	75 M	100 M	
PB		00:32.95		01:11.93	
		00:32.95		00:38.98	
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+

Heat:6, starttime: 09:43

Heat: 6/9 Lane : 8 Athlete: MANNAERTS MATHIAS

Q-time: 01:03:50

PB (25m pool): 01:03.50 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:03.75 SB: no time

	25 M	50 M	75 M	100 M	
PB		00:30.74		01:03.50	
		00:30.74		00:32.76	
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+

Heat:8, starttime: 09:47

Heat: 8/9 Lane : 5 Athlete: GERITS TUUR

Q-time: 00:56:88

PB (25m pool): 00:56.88 Lommel 22/02/2026 PB (50m pool): 00:57.27 SB: no time

	25 M	50 M	75 M	100 M	
PB		no time		00:56.88	
		no time			
					

Coach feedback:

PK KB LIM 26: Session: 1: COACH evaluation sheet for TEAM: LWB

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 09:54	
Heat: 2/11 Lane : 3 Athlete: DE LAAT ELENA							Q-time: 03:21:20	
PB (25m pool): 03:21.20 Lommel 22/02/2026				PB (50m pool): 03:20.21 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.35		no time		no time		03:21.20
	00:52.35							
								

Coach feedback:

Event number: 5: 200M BACKSTROKE WOMEN 13+							Heat:2, starttime: 10:57	
Heat: 2/3 Lane : 4 Athlete: MICHIELS ANS							Q-time: 02:39:95	
PB (25m pool): 02:39.95 Beringen 16/03/2025				PB (50m pool): 02:43.03SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.29		01:17.38		no time		02:39.95
	00:37.29		00:40.09					
								

Coach feedback:

Event number: 6: 400M FREESTYLE MEN 13+							Heat:2, starttime: 11:11	
Heat: 2/3 Lane : 5 Athlete: GERITS TUUR							Q-time: 04:35:69	
PB (25m pool): 04:35.69 Bree 21/12/2025			PB (50m pool): 04:38.98SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:04.69		no time		02:16.16
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:35.69
								

Coach feedback:

PK KB LIM 26: Session: 1: COACH evaluation sheet for TEAM: LWB

Event number: 6: 400M FREESTYLE MEN 13+							Heat:2, starttime: 11:11	
Heat: 2/3 Lane : 7 Athlete: MANNAERTS MATHIAS							Q-time: 04:51:52	
PB (25m pool): 04:51.52 Beringen 08/02/2026				PB (50m pool): 04:51.88SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:09.68		no time		02:24.44
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:51.52
								

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+										Heat:1, starttime: 11:22	
Heat: 1/11 Lane : 1 Athlete: DE LAAT ELENA										Q-time: 00:52:35	
PB (25m pool): 00:52.43 Bree 01/06/2025										PB (50m pool): 00:46.49 SB: no time	
	2 5 M		5 0 M								
PB			00:52.43								
			00:52.43								
											

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+							Heat:1, starttime: 11:22	
Heat: 1/11 Lane : 4 Athlete: COCHET LANTE							Q-time: 00:48:68	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

PK KB LIM 26: Session: 1: COACH evaluation sheet for TEAM: LWB

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:1, starttime: 11:36
Heat: 1/4 Lane : 7 Athlete: HURKMANS CÉDRIC			Q-time: 00:39:92
PB (25m pool): 00:39.92 Hasselt 12/10/2025			PB (50m pool): 00:41.18 SB: no time
	2 5 M	5 0 M	
PB		00:39.92	
		00:39.92	
			

Coach feedback: